# TRAUMA HEALING INITIAL EQUIPPING COURSE

# Bible-based Trauma Healing

## **About the Programme Model**

The proven model of the Trauma Healing Institute uses applied Scripture and mental health principles to address spiritual and emotional wounds caused by war, violence, natural disasters and abuse. The book, *Healing the Wounds of Trauma: How the Church Can Help*, has been translated and taught in over 100 countries with more than 194 language groups in Africa, Asia, the Pacific and the Americas. The model applies equally well to lesser degrees of trauma.



#### **About the Course**

At this initial equipping course, participants will:

- ⇒ learn biblical and emotional health principles that relate to trauma care
- ⇒ explore if they themselves are carrying any wounds of trauma or loss and bring those to Christ for healing
- ⇒ learn how to lead groups in a participatory way
- ⇒ learn the programme model
- ⇒ develop plans for using what they have learned in their own community.

Trauma healing facilitators aim to 'do no harm' to those they help. To this end, participants are evaluated during the equipping course. A simple test measures mastery of content. A short practice facilitation exercise includes feedback on facilitator strengths and suggestions to address areas needing improvement.

This **initial equipping course** is followed by a period of 6-9 months when Apprentice Facilitators **teach at least the core lessons two or more times to small groups or individuals**. The training process is completed with an **advanced equipping course**.

## Who should attend?

This course is intended for mature Christians who wish to become trauma healing facilitators so that they can provide care for those wounded by trauma and loss whether with the *Trauma Healing Institute* or independently. Necessary qualifications:

- ⇒ At least 18 years old
- ⇒ Able to attend all the sessions
- ⇒ Able to teach others in a small group
- ⇒ Committed to help trauma survivors
- $\Rightarrow$  Able to provide a satisfactory reference from the leader of their church or Christian organisation.



## **Dates and times**

1st-5th June 2020 Monday - Friday 9.00am - 5.30pm (Plus Wednesday evening until 9.30pm)

#### Venue

Sutton Coldfield Baptist Church Trinity Hill Sutton Coldfield West Midlands B72 1TA

## **Enquiries**

Dr Frank Cole

frankhcole@gmail.com

Phone: 07964 090954

## Registration

- ⇒ See next page for registration instructions.
- ⇒ Send £60 fee with registration form.
- ⇒ Fees cover provision of a copy of HWT and the Facilitators Handbook, lunch, refreshments and Wednesday evening meal.
- $\Rightarrow$  Training is free.
- ⇒ For out-of-town participants information can be provided about local hotels/guest houses or accommodation may be available courtesy of local church members.
- ⇒ Registration deadline is 1st May 2020.

## **About us**

The *Trauma Healing Institute* at American Bible Society equips and supports a global community of workers in trauma care, helping local churches, national Bible Societies, and other NGO's bring Bible-based trauma healing to the world's hurting people. Learn more about Bible-based Trauma Healing at the website: <a href="www.traumahealinginstitute.org/resources/brochures">www.traumahealinginstitute.org/resources/brochures</a>.

## **Facilitators**

Dr Frank Cole, THI Master Facilitator leading courses for 13 years in UK, South Sudan, Ethiopia, Cameroon and elsewhere, retired GP, author, <a href="https://www.stress-selfcare.co.uk">www.stress-selfcare.co.uk</a>.

Dr Velma Troko, THI Facilitator, also medically qualified, has led courses in UK and has plans for Liberia.

# TRAUMA HEALING

# **INITIAL EQUIPPING COURSE**

# **Sutton Coldfield Baptist Church**

# 1st—5th June 2020

## **Registration Form**

Preferably apply on line and pay fees via the website of Sutton Coldfield Baptist Church using the link: <a href="https://scbc.churchsuite.co.uk/events/jhs70okf">https://scbc.churchsuite.co.uk/events/jhs70okf</a>

If preferred, use this registration form. Print and complete manually. Return to: Trauma Healing Course, Sutton Coldfield Baptist Church, Trinity Hill, Sutton Coldfield, B72 1TA. Enclose a cheque for £60 made out to Sutton Coldfield Baptist Church and on the reverse add a note, 'Trauma Healing Course and your name.'

Early registration would be appreciated. If delayed, a message about your hope to register will be appreciated. Please apply by 1st May 2020.

Title	First Name		Surname		
Name, as you war	 nt it to appear on your certific	ate:			
Address		Phone	Phone		
		Email			
		Gender	Male	Female	
Church/denomination		Organisat	Organisation (if any)		
Accommodation (P	Please tick relevant box. Further	r information will be sent	as needed )		
Will make own arra		nformation about hotels		y with a church member	
Please advise abou	t any dietary requirements or a	any relevant health proble	ems or disabilities.		
What has motivate	ed you to apply for this training	?			
Please enclose a re	ference from a leader of your o	hurch or organisation co	nfirming their recomm	endation for you to attend	

Please enclose a reference from a leader of your church or organisation confirming their recommendation for you to attend this course or send it separately to <a href="mailto:frankhcole@gmail.com">frankhcole@gmail.com</a> or post to Dr F H Cole, c/o Sutton Coldfield Baptist Church.